# 



SPRING/SUMMER 2024

## Forerunners Annua Reunion Luncheon to be held September 11, 2024

#### UNIVERSITY CLUB OF MICHIGAN STATE UNIVERSITY

EXPERIENCE the ultimate in gracious gatherings! With a long-standing reputation as the place to celebrate milestones and host business functions, the University Club delivers legendary cuisine and superb service set in various richly appointed dining and meeting rooms. The U-Club is dedicated to providing dining and social interaction in a subdued, casual elegance, with fine food and gracious service generally associated with the best private clubs.

The Forerunners organization is thrilled to announce its Annual Reunion Luncheon, a cherished tradition that brings together members from all chapters



across Michigan. Scheduled for September 11, 2024, this year's gathering promises to be a memorable one, hosted at the prestigious Michigan State University Club in Lansing. It's a day dedicated to camaraderie, where members can revel in each other's company and forge connections with peers from different chapters.

In addition to the fellowship, the event will be marked by the presentation of seven \$1,000 scholarships to high school seniors, a testament to the Forerunners commitment to nurturing the next generation. The luncheon will also serve as an occasion to honor the distinguished service of Consumers Energy Retirees and Forerunners members who were first responders or have served in the military, acknowledging their contributions with the respect they deserve. Members can anticipate further details and the registration form in the upcoming July Newsletter, ensuring they're well-prepared for this exciting event.

#### **PLEASE NOTE:**

Extensive road work will occur on both sides of US-127 starting March 11, which will close highway exits near the University Club.

**Parking at the University Club:** The University Club parking lot is free and available to all members and guests.

**Located at:** 3435 Forest Road, Lansing, Michigan 48909

Time: Registration starts at 11:00am Room & Location: Club Ballroom - Located in the University Club's Lower Level, elevator available. Price per person: \$30.00



#### **MENU:**

Chicken Scallopini Dore, featuring a succulent chicken breast lightly coated in flour, dipped in egg, and sautéed to perfection, then finished with a refined white wine, cream, and butter reduction sprinkled with capers. This dish is accompanied by a fresh salad, bread, and a selection of non-alcoholic beverages.

For the latest construction updates, visit MIDrive Michigan before you leave home.

<u>www.michigan.gov/drive</u>, or with your camera scan the QRcode below.



### **Retiree Website Update**

VISIT our website for updates on Retirements, Deaths, Discounts, Benefits, 2024 Scholarship information, and newsletter listings at <u>consumersenergy.com/company/careers/retirement/retiree-news</u>



Retiree News | Consumers Energy

### "Honoring Service: A Tribute to Our Veterans on September 11."

S WE GATHER for our Annual Reunion Luncheon on September 11, we will take a moment to pay tribute to the dedicated individuals who have served our nation, including our courageous first responders. This year, our gathering will not only be a time of fellowship and reminiscence but also an occasion to honor the dedicated service of our retirees and the selfless bravery of our first responders. In recognition of this significant day, we invite our esteemed retirees and

first responders who have served in any branch of the military or in emergency services to join us. Your presence is a testament to your unwavering commitment and service. Your participation will be a valued part of our gathering as we honor both the day and your service to our country.



#### 2024 FORERUNNERS GOLF OUTING - TBA

THE anticipation for the 2024 Forerunners Annual Golf Outing is building as the search for the ideal course is underway. The dedication to finding the perfect greens ensures that the event will be memorable for all participants. Captains can expect updates soon. Full details and registration instructions to follow in the Forerunners July Newsletter and on our website.



#### **RETIREE WEBSITE**

Maintaining an updated Retiree website is a great way to keep the community informed and engaged. The Company News and Events page is being updated with information on the Volunteer Portal. The monthly refresh of the Retiree News page is crucial; it honors new retirees, remembers those who have passed, and shares chapter updates and meeting minutes, fostering a sense of continuity and community. The Retiree

Advantage page serves as a valuable resource, offering information on discounts and benefits that can enhance the lives of retirees, along with details on the Forerunners Scholarship for 2024. Lastly, the Retirement page provides essential contact information for the Forerunners board members and chapter contacts, making it easier for members to reach out and get involved. These efforts collectively contribute to a vibrant, supportive network that values the contributions and well-being of its retirees.



To visit the retiree website scan the QR Code.

## 2024 Forerunners Scholarship deadline June 14, 2024

ARE YOU AWARE of a high school senior in need of financial support for their initial year of higher education? The Forerunners organization is offering a scholarship to assist with expenses such as tuition, textbooks, fees, and other educational costs. Eligible candidates are high school seniors who are set to enroll in an accredited institution of higher learning, including colleges, universities, or vocational schools, and must be the grandchildren or step-grandchildren of active, dues-contributing Forerunners members.



Forerunners will be awarding seven scholarships in 2024.

- \$1,000 Scholarship from Richmond Brothers Investment Advisors in Jackson.
- \$1,000 Scholarship from Flynn Wealth Partners of East Lansing
- \$1,000 Scholarship from the Forerunners Building for the Future (1)
- \$1,000 Scholarship from the Forerunners
  Building for the Future (2)
- \$1,000 Scholarship from the **Forerunners**

#### Building for the Future (3)

- \$1,000 Scholarship from the Forerunners
  Annual Event
- **\$1,000** Scholarship from the **Jacksonians**

#### TO QUALIFY APPLICANTS SHOULD BE:

- Related to a current (2024) Forerunners member, including children, legal dependents, grandchildren, stepchildren, or stepgrandchildren.
- A high school graduate holding a cumulative GPA of 2.5 or higher.
- Graduate must supply a high school transcript
- Committed to pursuing a full-time academic program.
- Entering their first year at a post-secondary educational institution or trade school.
- The recipient of only one scholarship per year from a Forerunner member.
- Associated with a Forerunner member whose dues are up to date.

Interested parties can obtain application forms starting January 2024 from local chapter leaders, the Forerunners Office in Jackson, or download them from the Consumer Energy retiree website or QR Code below.

https://www.consumersenergy.com/company/careers/ retirement/retiree-advantage

To be eligible for this year's selection, completed applications and all necessary documents must mailed and postmarked no later than June 14, 2024.





## Change of Address

F YOU have a change of address or email, contact Helen Riendeau at *helen10riendeau@gmail.com*. Remember to also notify Fidelity at 800-260-4015 for any contact information changes.

## **Chapter News**

#### SOUTHEASTERNERS - MONROE COUNTY

In December, the Southeasterners gathered contributions amounting to \$300 in support of the Family Counseling and Shelter Services in Monroe County. This compassionate act was further amplified by establishing a matching funds account through the CMS website, effectively doubling the potential aid with an additional \$300 earmarked for the organization. The significance of family counseling and shelter services cannot be overstated; they provide a beacon of hope and support for families navigating the complexities of life's challenges. These services offer a sanctuary for healing and growth, empowering individuals, and families to foster resilience and develop healthier relationships. President, Harry Redford at hredford@ charter.net

#### **CAPITALIERS – LANSING**

As the Capitallier community stands on the threshold of a new era, we warmly welcome President Mia Keefer. Her visionary leadership promises to usher in an age of innovation and progress, building on the solid foundation laid by her predecessors. We are equally filled with gratitude for Sue Garland, whose unwavering dedication has greatly enriched the lives of Capitallier retirees. Together, we look forward to a bright future under President Keefer's guidance as we continue to honor the invaluable contributions of Sue Garland.

In 2024, Lansing Capitaliers added community outreach to their monthly meetings. Each month, the group identifies an organization it would like to support. At their November 2023 meeting, it was Footprints of Michigan. Footprints is a nonprofit that provides new or slightly used shoes to people in need across the state. Forty-seven pairs were collected to be donated.

In preparation for the December meeting, we chose

Grace Haven Assist Living in St Johns, MI. Each resident identified a couple items they would like to receive from a Christmas Angel. Paula Thomas, our Capitaliers Community Outreach Coordinator, created Angel sheets with the items, and each member selected one or two angels. Members then shopped for their items and brought them to the December Holiday party. Paula Thomas, Dawn Fonger, and Mia Keefer delivered the items just before Christmas. Mia Keefer, Capitaliers President, said that collecting from our members and having a monthly theme has been very rewarding. "We all have busy lives, so collecting from our members is another way to give back. It is affordable and offers vital help to people who need help in our community. Teamwork makes the dream work, and our Capitaliers are an incredibly generous group."

At the Capitaliers April 2024 meeting, we are collecting items for the Lansing Humane Society and, in May, will be collecting skeins of yarn to donate to the Retired and Senior Volunteer Program (RSVP) of Ingham, Eaton, and Clinton Counties to knit hats, mittens, scarfs, and blankets. This group crocheted and knitted over 1300 items for citizens in 2023. The Capitaliers will meet on April 16 from 11a-2p at Reno's North in Lansing and on May 15 at Jimmy's Pub in East Lansing from 11a-2p.

Mia Keefer mmkeef@sbcglobal.net



## Chapter News, Cont.

#### METRO PIONEERS - MACOMB, ROYAL OAK & PONTIAC

Chapter announces a leadership transition: Debra Stafford will succeed Cheryl Adams as President. For inquiries or further information, reach out to Debra at 586-215-1092 or via email at dstff7@gmail.com. We extend our heartfelt gratitude to Cheryl Adams for her years of service and commitment to the Metro Pioneers and the retirees of our community. Her tireless efforts and unwavering dedication have been invaluable.

#### WONDER WATTS - SAGINAW, BAY CITY & MIDLAND

Leonard Bobick – <u>ljbobick@charter.net</u> We have 2 meetings scheduled this year, May 8 and October 9, 2024.

Metro Pioneers - Macomb, Royal Oak & Pontiac

Chapter announces a leadership transition: Debra Stafford will succeed Cheryl Adams as President. For inquiries or further information, reach out to Debra at 586-215-1092 or via email at dstff7@gmail.com. We extend our heartfelt gratitude to Cheryl Adams for her years of service and commitment to the Metro Pioneers and the retirees of our community. Her tireless efforts and unwavering dedication have been invaluable.

#### JACKSONIANS

Chapter retirees have been actively engaging in a variety of events recently. They've initiated an Euchre & Lunch group, adding a social twist to their gatherings. A visit to Chateau Aronautique Winery & Brewery marked their St. Patrick's Day celebration, featuring a festive Shepherd's Pie and tastings of fine beers and wines. The board members are also staying prepared by completing CPR training. A spring luncheon was hosted at the Country Club of Jackson, adding a touch of elegance to their social calendar. Looking ahead, they're excited for an outing to a Lansing Lugnuts game, a trip to Turkeyville for lunch and a show, and a visit to the Organ Museum in Hanover Horton. The year will culminate with a Christmas luncheon back at the Country Club. For more details on these events or to get involved, reach out to Joe Eckert, the board president, at 517-462-8803.





## **Forerunners Office Information**

THE OFFICE is located at 1945 W. Parnall Rd. P21-505 Jackson and phone number is 517-788-1221. This is a volunteer office. We are only in the office a couple times a month. If you have a question you need answered promptly, please call your chapter board or Forerunners officers. (Information on the back page). If you wish to leave a message, please leave your name, phone number, and a brief message. If you have insurance questions, please get in touch with VIA Benefits at 888-640-2921 or address changes contact Fidelity at 800-260-4015.

#### FORERUNNERS MEMBERSHIP DUES - 2024

The Forerunners are again collecting dues from all Chapters except Jacksonians, who collect for us. An email notification was sent to all members for whom we have an email address. All others will receive notice in the US mail. Your local Chapter will collect their dues from you directly. Your membership and dues payment are important to us, and for only .83 cents a month, you are a member of our special organization. So, please renew your membership and stay connected with old friends and colleagues by sending your \$10.00 payment today.

RETIREE NAME (Print)	SPOUSE NAME		
ADDRESS	CITY		STATE ZIP
CHAPTER NAME	PHONE	EMAIL	(please print)
<b>2024</b> Membership Dues (\$10.00)			
<b>2025</b> Membership Dues (\$10.00)			
Scholarship Donation (Optional)			
Total Enclosed \$	C #		Date
Thank you in advance for your anticipated c	ooperation.		
Make your dues payable to: Forerunners Forerunners, 1945 W. Parnall Rd., P21-505, .	, , ,	ed form and ch	neck to:

Complete Listing on our website.

S

APRIL 2024 Mccann, James R., Itasca II

17

MARCH 2024 Hookham, Charles J., Ann Arbor Mi

な

#### **FEBRUARY 2024**

Barnaby, Marvin R., Girard Ks Barnes, Loren P., Fennville Berreth, Lisa A., Gobles Briggs, Talisa L., Muskegon Deback, Iii William J., Charlotte Harris, Glenn, Onsted Holmes, Nass Tamara S., Alma Lentz, Lenore C., Clinton Twp Morales, Julio H., Naples Fl Obenchain, Gregory T., ChesapeakeVa Reed, Craig N., Ada Stickel, Joseph A., Grand Junction Veprauskas, Terence H-F., Davison Wrozek, Terry L., Jackson

#### **JANUARY 2024**

Berghauser, Salli J., Chesterfield Twp Botbyl, John M., Muskegon Carter, Jack P., Metamora Ehinger, Lee F., Fort Wayne, In Hoffman, Kristopher J., Muskegon Newman, Charlie E., Holly Rolstone, Jill A., Kalamazoo Siedlecki, Denise L., Jackson Sparks, Timothy J., Jackson

#### **DECEMBER 2023**

HAPPY

Laur, Richard D., Gladwin Mccreery, Carrie E., Ortonville Mccreery, Jeffrey W., Ortonville Nelson, Michael E., Palm Coast, Fl Rouster, Carol L., Saint Cloud, Fl Vincent, Michael J., Lapeer

iremen

#### **NOVEMBER 2023**

Bielenda, Robert F., Onsted Claucherty, Tim R., Clarklake Dunlap, Christine M., Dimondale Faulds, Jonathan W., Grayling Hawkins, Tamra L., Cement City Hefner, Jeffery A., White Lake Mcelyea, Brian K., Taylor Pickney, Michael C., Adrian Schram, Robert C., Midland Schultz, Steven, Ann Arbor Simmons, Jeffrey A., Richland

#### **OCTOBER 2023**

Armour, Gary W., Hastings Asel-Templin, Tammy A., Bay City Callison Jr, Glenn M., Jerome Campbell, Joseph R., Bellevue Chasseur, Michael A., Big Rapids Coleman, Terry O., Spring Arbor Czubakowski, Timothy J., Bethel, Ct Denning, Jeffrey E., Mesick Drouare, Scott J., Byron Hatcher, Glen L., Greenville, Sc Landis, Tod M., Allendale Nicholas, Steven J., Mcbain Pelmear, Deborah S., Jerome Peters, David N., Bay City Reau, Michael F., Grand Haven Schultz, Mark F., Cadillac Smithling, John A., Waterford Sutherland, Laura L., Muskegon Thompson, Todd M., Lake City Wagner, Steve, Farmington Hills Wrozek, Camie R., Jackson

#### **SEPTEMBER 2023**

Barber, David L., Grandville Beibly, Michael A., Plainwell Black., Thomas J., Highland **Cooper Sr., James P.,** Howard City **Debenedictis, Mark J.,** Rapid City Doud., Richard L., Bonita Springs, Fl Gu, Qing, Henderson, Nv Harris., Gary W., Clinton Twp Hiaeshutter., William J., Walker Hiatt., Douglas E., Stevensville Janisse, Roger L., Roscommon Kezele., Cindy L., Jackson Laughlin, Daryle G., Marion Ledesma., Jerome T., Lansing Leverenz, Edward J., Cold Canyon, Az Miller., Patrick J., Prudenville Nickelson, Craig D., Kentwood Osborne., Tracy J., Albion Parker., James E., Lansing Sinicki., Linda M., Horton Sunday., James R., Onsted Thomas., Calvin J., Jackson Virkstis., William G., Grand Rapids Williams, Leo, Jackson



## In Memoriam

Complete Listing on our website. <u>Consumersenergy.com/Retiree</u>

#### **MARCH 2024**

Beach, Mary A., Sun City, Az Bell, Verlie J., Saginaw Cogger, Della I., White Lake Defoe, Doris D., Jackson Dorr, James J., Jackson Dubisky, Edward G., Onsted Fauser, Glenn A., Leslie Gardner, Lawrence, Jefferson, Ga Herrmann, Constantina, Sterling Heights Jackson, Jane M., Sun City W., Az Jefferson Jr, Robert, Muskegon Kohn, Harvey W., Jackson Lollar, Marjorie B., Sterling, Va Macintosh, Crag S., Fort Gratiot Meador, Ronald L., Grass Lake Oaks, Peggy L., Otisville Purtell, Gregory J., Hale Schovan, Lois M., Traverse City Schut, Mary L., Lake City Thelen, Rita M., St. Johns Thomas, Phyllis I., Oak Ridge, Tn Villermain, Donna L., Charlevoix Waldo, Geroge D., E. Lansing

#### **FEBRUARY 2024**

Amidon, Tommy R., Alma Bell, Laura A., Parma Bennett, John R., Petoskey Donaghy, Thomas D., Midland Freeman, Hery J., Kansas City, Ks Gates, Robert L., Greenville Geyman, William H., Ida Harrison, Walter R., Battle Creek Hollars, Marvin J., Delton Hook, Larry J., Nashville Hovey, Lawrence J., Elsie Hurd, Reanate R., Jackson Johnston, Lillian H., Kalamazoo Koval, Elsie J., Roseville Kyser, Harry E., Latrove, Pa Madison Peggy A., Otsego Mccoy, Joan P., Jackson Musial, Sandra S., Bay City Newton, Robert E., Kalamazoo Oostmeyer, Linda A., Petoskey Root, Gerald A., Muskegon Schmitt, Eugene S., Lansing Shelburne, George R., Carmel, In Soule, Harold T., Wellston Start, William P., Fenton Taormina, Samuel N., Richmond Thompson, Derald H., Parma Westphal, Theodore T., Tecumseh Womack, Dennis L., Cedar City

#### **JANUARY 2024**

Ashworth, Carol J., Evans, Ga Barckholtz, Daniel G., Graham, Nc Bass, Wilma J., Oak Creek, Wi Bismack, Rebecca, Morenci Buehrer, Dale W., Jackson Burch, Ora J., Lake City Chase, George D., Gowen Cooper, Gary G., Cement City Cronkhite, Constance J., St Johns Ecker, Robert C., Tuson, Az Ellickson, Mary Ann, St Johns Engel, Ilene J., Fort Myers, Fl Faulkner, Laurellee A., Jackson Gast, Danny L., Toledo, Oh Greverbiehl, Mary Anne., Saginaw Hosner, Lois S., Paw Paw Lovejoy, Frank J., Jackson Marguand, Duaine K., Ludington Martin, Ian, Toledo, Oh Moeggenberg, Danny E., Mt Pleasant O'connell. Michael S., Jackson Oliver Jr, John L., Jackson, Tn Pavatt, Vivian M., Burton Pytlak, Richard D., Howell Shaughnessy Jr, W F., Jackson Shirreffs, Carole C., Las Cruces, Nm Smazenka, Lila T., Midland Van Laan, Russell T., Wayland Wells, Randell D., Shepherd Wierenga, Ted L., N Muskegon

#### **DECEMBER 2023**

Wilcox, Ralph R., Fenton

Andreson, Mary H., Lake Berg, Daniel B., Grand Rapids Bryan, Theodore E., Jackson Burley, Marion E., Hanover Butler, Lois M., Caldwell, Id Drolshagen, Joyce M., Indian River Eppink, Shirley M., Freemont Fogel, Sally A., Adrian Foote, Richard P., Clarkston Goodsell, Jean A., Jackson Keyway, Evelyn S., Goodrich Lambert, Frank, Monroe Lingar, Winston L., Monroe Maul, John, Midland Menghraj, James D., Galveston, Tx Myers, John H., Jackson Owsiany, Theresa R., Paw Paw Rigling, Lois J., Owosso Ruthenbar, Doris G., Mt Pleasant Schrotenbouer, F J., Dorr Upham, Roger L., Rockford Wetzel, Donald H., Jackson Wheeler, Margaret, Tucson, Az Wolfe, Nancy L., Livonia

#### **NOVEMBER 2023**

Auger, David B., Bay City Blair, Leanne, Rockford Bontrager, Mary Lou, Portage Crozier, Robert J., Battle Creek Digon, Evelyn A., Hanover Dunlap, Steven A., Brooklyn Eichhorn, Lawrence F., Bay City Forner, Maryann M., Jackson Gleason, John W., Houghton Lake Hanson, Thomas M., Flint Hokola, Stephen E., Walled Lake Loomis, Joseph A., Port Austin Marois, Dorothy L., Dewey, Az Marsh, Viola E., Ooltewah, Tn Miller, Ronald W., Muskegon Monsion, Darlene D., Pinconning Neimeyer, Jerry E., Lansing Ollett, Patricia A., Naples, Fl Scholtens, Robert J., Ionia Stead, James L., Girard, Il Tunney, Evelyn M., Alpena Williams, Beverly W., Clio Wynsma, Edward, Kalkaska

#### **OCTOBER 2023**

Brandt, Carolyn M., Horton Calvin, Leroy C., Monroe Campbell, William K., Port Charlott, Fl Christie, Avis J., Grand Blanc Cripps, Joseph L., Fenton Doerr, Gerald C., Jackson Elkins, Charles E., Temperance Flemming Jr, Henry W., East China Green, Marlene S., Jackson Guerrero, Abel, Mt Morris Hildebrant, Raymond., Owosso Hooker, Lester L., Middleville Kalkman. Thomas L., Hamilton Lutz, Donald E., Fort Gratiot Meyers, Benjamin L., Jackson Pardee, Marvin H., Concord Petersen, Larry D., Lake Charles, La Roberts, Helen K., Grand Blanc Rugh, Thomas L., Venice, Fl Schroeder, Shirley M., Bay City Schwartz, Joann M., Clarkston Shepard, Maxine H., Lansing Simi, Elsie M., Summerfield, Fl Smith, George H., Jackson Vanderveen, Allan C., Parchment Vredeveld. Adrian L., Zeeland Walker, Richard C., Battle Creek Wells, Lionel H., Mt Morris Wurmlinger, Anthony P., Jackson

#### **SEPTEMBER 2023**

Anderson, Suzanne S., Clio Atkins, Jacquelyn, Jackson Bianga, Joseph A., Roseville Beardslee, Alice L., Waterford Boekeloo, Phillip J., Lakeland, Fl Burgess, Carolyn N., Fernley, Nv Cisler Jr, Arthur M., Whitehall Condon, Kay E., Bay City, Mi Craddock, Billy D., Vicksburg Darga, Stanley R., Presque Isle Ferguson, Jack C., Freeland Foster, John R., Harrisville Geiger, Paul E., Spring Arbor James, Betty L., Hastings Kirkpatrick, John F., Rhodes Kozlowski, Christine L., South Haven Legard, Linda L., Muskegon Maidens, Janice I., Harrison Twp Myers, James O., Wellston Nuenke, Gloria R., Bay City Nykamp, Glenn L., Zeeland Post, James B., Jonesville Robinson, Jon R., Stevensville Sauter, Charles J., Jackson Scott, Bernice M., Marne Sinclair. Iris J., Asheville, Nc Terrell, Barbara J., Flint Thumser, Barbara J., Fremont Vickers Sr., Donald J., Citrus Springs, Fl Villanueva, Damian, Freeland Wangelin, Irene E., Clinton Township White, Jerold E., Battle Creek Williams, S E., Concord Willis Jr., Charles P., Carnation, Wa Yonkers, Donald J., Grand Havenl

With Deepest Sympathy



#### 2024 FORERUNNERS OFFICERS

**President:** Kathy Gabriel - kathleengabrier@att.net - 517-783-5072 Vice President: Vonda Belanger - vondaleigh@msn.com - 248-761-2470 Secretary & Co-Scholarship Chair : Helen Riendeau - helen10riendeau@gmail.com - 517-339-3528 **Treasurer:** Kathy Gabriel - kathleengabrier@att.net - 517-783-5072 Past President: Vonda Belanger - vondaleiah@msn.com - 248-761-2470 **Co-Scholarship Chair:** Rhoda Tinkham - rmtinkham@gmail.com - 517-628-9740 Member at Large: AnnMarie Frohm - irishlady01@yahoo.com - 517-783-4996 Member at Large IT Advisor: Nora Brzezinski - nora.brzezinski@cmsenergy.com - 517-812-8847 Member at Large: Joann Davis - jedavis22@gmail.com - 517-740-0293

#### FORERUNNERS CHAPTERS

Please email or call the appropriate chapter president if you want to be on the mailing list for club events.

Adrian – **Adrianites** – Alan Morgenthaler – *ajmorgenthaler1@comcast.net* – 517-265-7539 Alma – **Grey Power** – Vacant Arizona – **Sun Runner**s – John Ralph – *jralph4@cox.net* – 623-935-9772 Battle Creek – **Kilowatt Kreekers** – Vacant Flint & Lapeer – **Easterners** – Tom Bollman – *tjbollman@gmail.com* – 810-444-9054 Grand Rapids & Greenville – **Livewires** – Cheryl Ricketson – *ricketsoncheryl@gmail.com* – 616-214-9000 Jackson – **Jacksonians** – Joe Eckert – *jme062598@gmail.com* – 517-462-8803

Kalamazoo & Hastings - Southwest Energy Stars - Vacant Lansing - **Capitaliers** - Mia Keefer - mmkeef@sbcglobal.net - 517-230-6110 Livonia & Howell – Blue Flames – Vonda Belanger - vondaleigh@msn.com - 248-761-2470 Monroe County - **Southeasters** - Harry Redford - hredford@charter.net - 734-652-6635 Muskegon Lakesiders - Vacant Macomb, Royal Oak & Pontiac - Metro Region Pioneers -Debra Stafford - dstff7@gmail.com - 586-215-1092 Saginaw, Bay City & Midland - Wonder Watts - Leonard Bobick - ljbobick@charter.net - 989-280-1129 Tawas – Northeastern Lights – Lee Lockman - voiley.lockman@hotmail.com - 989-329-0325 Traverse City - Northwesters - Vacant Independents- Various - Vacant

#### **OTHER IMPORTANT CONTACTS**

**Aetna - Medical:** Monday - Friday, 8 a.m. - 5 p.m., <u>aetna.com</u>, 800-654-7248

Express Scripts Medco: Mail Order Prescriptions: <u>express-scripts.com</u>, 800-875-3147 Fidelity: Benefits, ALL Address Changes: 8:30 a.m.-mid-

night, Monday – Friday (except New York Stock Exchange holidays), <u>netbenefits.fidelity.com</u>, 800-260-4015 **Consumers Energy Pension**: Nancy Stoker,

#### Nancy.Stoker@cmsenergy.com

**Consumers Energy Employee People & Culture (HR):** 517-788-2275 (Option 3)

Consumers Energy Foundation: <u>foundation@cmsenergy.com</u>, Toll-Free 877-501-4952 RetireeLine News: Vonda Belanger, <u>vondaleigh@msn.com</u>, 248-761-2470 RetireeLine Editor: Joann Davis, <u>jedavis22@gmail.com</u>, 517-740-0293 VIA Benefits: Monday – Friday 8 a.m. – 9 p.m., <u>My.ViaBenefits.com/cmsenergy</u>, 888-604-2921

#### CALLING ALL MEMBERS - IN NEED OF CHAPTER LEADERSHIP!!

Above, you will see a listing of all the local chapters that make up the Forerunners. You will also notice that some need members to fill leadershippositions. Local chapters were formed to enable Consumers Energy retirees to stay connected. For 20-plus years, it's been YOU, the members who have volunteered tobe leaders within each Chapter and the overall leadership positions. We want to thank ALL those who have been leaders in our chapters, both past and present.But now, we need retirees to step up again to help keep our chapters going. If you would like to set up some gettogethers during the year with people in your area, please email me at kathleengabrier@att.net. I can send you a list of members in your Chapter, making it easy to get in touch.